

Born in Uruguay. MD in Montevideo (1972), working mainly in Medical Education and Community Health, in Uruguay and in Latin-American countries. In 1974 MPH at the Hebrew University in Jerusalem. Since 1981, Specialist in Public Health (Epidemiology and Community Medicine).

Positions held at the Department of Social Medicine of the **Hebrew University-Hadassah School of Public Health and Community Medicine (1975-2005)**: Director of the Hadassah Community Health Center in Jerusalem where the Community Oriented Primary Care (COPC) approach was developed. Director of Programs and Teaching in Community Medicine in COPC. Responsible of the Development of Evaluation Systems of the MPH Program. Academic Director of the MPH Program. Coordinator of the Kiryat Hayovel Community Health Study (a longitudinal study) Three rounds of Health Examinations: 1970,1975,1987.

International Advisory and Teaching Activities

Development and Direction of COPC Workshops (40 hrs) in Spain, UK, Washington, Uruguay, Argentina, South Africa, Turkey, since 1987. Planning, preparation and Co-Director of the Joint COPC Distance Learning International Certificate Program (1 year Course), with George Washington University School of Public Health and Health Services, 1998-2000.

Advisor and Consultant: on Community Health Care, in Jamaica, in Colombia; on Curriculum Development to the new School Public Health in Madrid, to the MPH Program at George Washington University; on the Development of Health Plan for the Catalan Health Services, Barcelona; PAHO/WHO on Community Health related Services in the Region; on the COPC approach component of the Family Medicine Residency Program of McMaster University, Hamilton, Canada. Coordination of European Region Working Group of Towards Unity For Health (TUFH) Project of WHO/HQ, Geneva. Member of Advisory Committee of TUFH and Responsible of the Task Force on "Education on TUFH" at WHO/HQ, Geneva.

At present:

Responsible for the Self-Assessment and for the Review of the MPH Teaching Programs in Jerusalem, by PEER (**P**ublic Health **E**ducation **E**uropean **R**eview) Review as part of the Accreditation process of ASPHER (Association of Schools of Public Health of the European Region); since 2001.

Chair Person of Task Force: "Integrating Medicine and Public Health" at the Network: Towards Unity For Health (TUFH), a WHO related NGO, Secretariat at the Medical School Maastricht University, The Netherlands; since 2003. A Position Paper and TF related activities at the Atlanta Meeting of Network: TUFH, October 2004. (www.the-networktufh.org)

Advisor of the Working Group on "Training in Community Medicine/COPC" at the Institute of Health Studies in Barcelona, Spain; since 2003.

Adjunct Professor of Prevention and Community Health, at the George Washington University School of Public Health and Health Services, since 2005, involvement in teaching at the MPH COPC Track.

FUNCIONES Y ACTIVIDADES RELACIONADAS – en ESPAÑOL

CARGOS ACADEMICOS

- 1967-70 Instructor, Facultad de Medicina, Universidad de la Republica, Montevideo, Uruguay
- 1970-71 Director del Curso en Medicina Preventiva, Escuela de Fisioterapia, Universidad de la Republica, Montevideo, Uruguay
- 1970-72 Asistente, Catedra de Higiene y Medicina Preventiva Facultad de Medicina, Montevideo, Uruguay
Docente del Ciclo Basico, Departamento de Educacion Medica, Facultad de Medicina, Montevideo.

ACTIVIDADES INTERNACIONALES DE DOCENCIA Y CONSULTORIA

- 1987-2000 Director de Talleres en Atencion Primaria Orientada a la Comunidad (Community Oriented Primary Care - COPC), 40 horas, for 30-35 profesionales (medicos, enfermeras, trabajadoras sociales), en España: Barcelona: cada año desde 1987 hasta 2000; Santander: 1988; Madrid 1989; Pamplona: 1990; Valencia: 1991.
- 1992 Consultante y Director del Taller Especial sobre Desarrollo del Plan de Salud de Catalunya (40 horas) para Coordinadores Regionales, Epidemiologos, y miembros de la Oficina Central de Planificacion de los Servicios de Salud de Catalunya, en Barcelona.
- 1993 Director del Taller (20 horas) sobre Planificacion de Programas de Salud Comunitaria, para Directores Regionales de Medicina y Enfermeria y Medicos de Familia de los Servicios de Salud de Catalunya, en Barcelona.
- 1993 Consultante de OMS/OPS: Integracion de actividades preventivas en atencion primaria; en Washington.
- 1994 Consultante de OMS/OPS para el Ministerio de Salud Publica del Uruguay sobre: Reorientacion de los Servicios de Atencion Primaria: una Orientacion Comunitaria; en Montevideo.
- 1995 Consultante de OMS/OPS: Entrenamiento para Planificacion Local Participativa; en Washington.
- 1996 Consultante de OMS/OPS: “Familia, Salud y Poblacion” un Grupo de Trabajo, en Washington.

- 1996-2000 Director del Taller sobre: "Salud Comunitaria en Atencion Primaria " para profesionales de educacion y planificacion de America Latina; participantes en el Programa de Post Grado Internacional: Atencion Integral y Desarrollo Communitario en el Centro de Formacion Internacional Golda Meir, en Haifa.
- 1997 Director del Taller (30 horas) sobre Atencion Primaria Orientada a la Comunidad (APOC) para los 18 Directores Departamentales de Salud del Ministerio de Salud Publica, Uruguay.
- Director del Taller (35 horas) sobre Planificacion, Monitorizacion y Evaluacion de Servicios de Salud Comunitarios para 34 profesionales de Salud Publica de 15 paises latinamericanos, en Buenos Aires.
- Director del Taller de Medicina Comunitaria (8 horas) para 30 Medicos de Familia de LatinoAmerica, en el Instituto Internacional de Trabajadores en Kfar Saba, Israel.
- 2000 "Prevencion y Calidad de Vida". Seminario (1 dia) en el Ministerio de Salud Publica, Montevideo, Uruguay.

LISTA DE PUBLICACIONES en ESPAÑOL

1. Levav, I. and Gofin, J. Tecnicas de Psiquiatria Comunitaria: La exploracion preliminar de la Comunidad. Revista de Sanidad e Higiene Publica 62, 1339-1352, 1988.
 2. Levav, I. and Gofin, J. Tecnicas de intervencion en comunidad - El diagnostico comunitario. Acta psiquiat. psicol. Amer. Lat. 34:287-297, 1988.
 3. Gofin, J. and Levav, I. Examen preliminar de la Comunidad, Capitulo I, pp 3-16.
 4. Gofin, J. and Levav, I. Diagnostico Comunitario, Capitulo II, pp 17-28.
 5. Gofin, J., Levav, I. and Saraceno, B. Vigilancia y Evaluacion en los programas de Salud Mental Comunitaria. Capitulo IV, pp 48-55.
- 3 a 5 en: Salud Mental en la Comunidad, I. Levav (ed.). Organizacion Panamericana de la Salud – OPS/OMS, Washington, D.C. 1992.
6. Kark SL, Kark E, Abramson JH and Gofin J, eds. Atencion Primaria Orientada a la Comunidad. Barcelona, DOYMA S.A., 1994,
 7. Abramson, JH and Gofin, J. Atencion Primaria Orientada a la Comunidad y la nueva Salud Publica. Capitulo 11, pp 97-106.
 8. Kark, S.L., Kark, E. and Gofin, J. El centro de Salud Comunitaria y

Familiar de Hadassah: practica y docencia. Capitulo12, pp 109-120.

9. Kark, S.L., Abramson, J.H. and Gofin, J. Un program de riesgo cardiovascular multifactorial orientado a la comunidad en una consulta de medicina familiar, Capitulo 13, pp 121-133.
10. Gofin, J. and Gofin, R. Cursos-Taller sobre APOC en EspaNa: Formacion de medicos de familia y de otros profesionales de la Atencion Primaria, Capitulo 18, pp 177-183.

7, 8, 9 y 10 publicados en el libro de la Referencia 6

11. Gofin J. Atencion Primaria Orientada a la Comunidad (APOC) – Aplicabilidad en la Medicina Familiar. En: Introduccion a la Medicina Familiar, Dibarboure H, Macedo JC (eds), Departamento de Publicaciones, Universidad de la Republica, Montevideo, 1998
12. Gofin J. La Atencion Primaria mas alla de “un primer contacto”: la Orientacion Comunitaria. Atencion Primaria de Salud, Ministerio de Salud Publica del Uruguay 11(31):1-13, 1999.
13. Gofin J y Foz G. La orientacion comunitaria en la atencion primaria – un legado del Professor S.L.Kark (1911-1998). Atencion Primaria; 23(2):97-99, 1999,
14. Gofin J.y el Grupo de Trabajo de APOC de la Sociedad Catalana de Medicina Familiar y Comunitaria. “Guia de recogida de datos para el examen preliminar de la situacion de salud de una comunidad”, 1997; 2a. edicion in 2002, (in Catalan)
15. Foz G, Gofin J, Montaner I, Atencion Primaria Orientada a la Comunidad, En: Martin Zurro A, Cano Perez JF (Eds), Atencion Primaria –conceptos, organizacion y practica clinica, Quinta Edicion, Elsevier, Madrid 345-364, 2003
16. Gofin J. "La sostenibilidad de la Atencion Primaria Orientada a la Comunidad" en el Seminario internacional sobre Estrategias para la Integracion de la Medicina Comunitaria en Atencion Primaria, Seminario Internacional, Monografia No.13 pp 31-44, publicado por el Instituto de Estudios de la Salud, Generalitat de Catalunya 2004.

PUBLICACIONES EN INGLES

1. Gofin, J. Student participation in the teaching of Medicine and the affairs of the University of Uruguay. *World Med. J. (World Medical Assoc.)* 17:23-24, 1970.
2. Abramson, J.H., Gofin, J., Hopp, C., Makler, A. and Epstein, L. The epidemiology of inguinal hernia. *J. Epidemiol. and Comm.Health*, 32:59-67, 1978.
3. Abramson, J.H., Hopp, C., Gofin, J., Gofin, R., Makler, A., Habib, J. and Ronen, I. Program for the control of cardiovascular risk factors: A preliminary evaluation of the CHAD Program in Jerusalem. *Community Health*, 4:3-21, 1979.
4. Gofin, J. Smoking during pregnancy - A community survey. *Harefuah*, 96:278-281, 1979. (In Hebrew, with English summary).
5. Levental, A., and Gofin, J. Smoking during pregnancy - Outcome and causes. *Harefuah*, 96:294-297, 1979. (In Hebrew with English summary).
6. Gofin, J. The effect on birth weight of employment during pregnancy. *J. Biosoc. Sci.*, 11:259-267, 1979.
7. Kark, S.L., Gofin, J., Abramson, J.H., Makler, A., Mainemer, N., Kark E., Epstein, L. and Hopp, C. Prevalence of selected health characteristics in men - A community health survey in Jerusalem. *Isr. J. Med. Sci.*, 15:732-741, 1979.
8. Gofin, J., Kark, E., Mainemer, N., Kark, S.L., Abramson, J.H., Hopp, C. and Epstein, L. Prevalence of selected health characteristics of women and comparison with men. A community health survey in Jerusalem. *Isr. J. Med. Sci.*, 17:145-159, 1981.
9. Abramson, J.H., Gofin, R., Hopp, C., Gofin, J., Donchin, M. and Habib, J. Evaluation of a community program for the control of cardiovascular risk factors: The CHAD program in Jerusalem. *Isr.J Med. Sci.*, 17:201-212, 1981.
10. Abramson, J.H., Gofin, J., Peritz, E., Hopp, C. and Epstein, L.M. Clustering of Chronic Disorders - A community study of coplevalence in Jerusalem. *J.Chron. Dis.* 35:221-230, 1982.
11. Abramson, J.H., Gofin, R., Habib, J., Pridan, H. and Gofin, J. Indicators of social class - A comparative appraisal of measures for use in epidemiological studies. *Soc. Sci. Med.* 16:1739-1746, 1982.
12. Gofin, J., Kark, J.D., Halfon, S.T., Friedlander, Y. and Stein, Y. Cigarette smoking and its relation to anthropometric characteristics and biochemical variables in Jerusalem 17-year olds and adults. *Isr. J. Med. Sci.* 18:1233-1241, 1982.
13. Abramson, J.H., Gofin, J., Hopp, C. and Ban, R. Control of cardiovascular risk factors in the community: The CHAD program in Jerusalem. In: *Epidemiologie et Medicine Communautaire*, Paris, INSERM, 1983.
14. Gofin, J., Mainemer, N. and Kark, S.L. Community Health in Primary Care. A Workshop on Community-Oriented Primary

- Care. In: Primary Health Care in the Making. Eds: U. Laaser, R. Senault and H. Viefhues. Springer-Verlag, Heidelberg, pp. 17-21, 1985.
15. Pridan, H., Gofin, J., Abramson, J.H., Habib, J. and Gofin, R. Psychosocial factors and blood pressure: A community study in Jerusalem. In: Hypertension control in the Community. Rosenfeld, J.B., Silverberg, D.S. and Viskoper, R. (eds.). John Libbey, London - Paris, pp. 100-105, 1985.
 16. Gofin, J., Abramson, J.H., Gofin, R. and Hopp, C. Ten-year evaluation of hypertension control in a primary care setting (preliminary findings): The CHAD Program in Jerusalem. In: Hypertension control in the Community. Rosenfeld, J.B., Silverberg, D.S. and Viskoper, R. (eds.). John Libbey, London-Paris, pp. 342-346, 1985.
 17. Gofin, J., Gofin, R., Abramson, J.H. and Ban, R. Ten-year evaluation of hypertension, overweight, cholesterol and smoking control: The CHAD program in Jerusalem. *Preventive Medicine* 15:304-312, 1986.
 18. Gofin, J. and Fox, C. A smoking cessation program for pregnant women - a minimal input intervention program. *Harefuah* (in Hebrew with English summary), 118: 525-527, 1990.
 19. Abramson, J.H, Ritter, M., Gofin, J. and Kark, J.D. Work-Health relationships in Middle-aged and Elderly Residents of a Jerusalem community. *Soc. Sci. Med.* 34:747-755, 1992.
 20. Abramson, J.H., Ritter, M., Gofin, J. and Kark, J.D. A simplified Index of Physical Health for use in epidemiological studies. *J Clin Epidemiol* 45:651-658, 1992.
 21. Abramson JH, Gofin J, Hopp C, Schein MH and Naveh P. The CHAD Program for the control of cardiovascular risk factors in a Jerusalem Community - A 24-year Retrospect. *Isr J Med Sci*;30:108-119,1994.
 22. Abramson JH, Gofin J, Habib J, Noam G and Kark JD. Work satisfaction and health in the middle-aged and elderly: a community study in Jerusalem. *International Journal of Epidemiology*, 23:98-106, 1994.
 23. Abramson ZH, Gofin J, Abramson JH. Obstructive Prostatic Symptoms-A community survey in Jerusalem. *International Journal of Epidemiology*, 23:797-804, 1994.
 24. Gofin J, Gofin R and Knishkowsky B. Evaluation of a Workshop on Community Oriented Primary Care (COPC) for Family Medicine Residents in Jerusalem. *Family Medicine*, 27:28-34, 1995.
 25. Epstein L, Gofin J. Community Oriented Primary Care - International application of the Jerusalem experience. *COPaCetic - a COPC Newsletter of NAPCRG*, 2:1-5, 1995.
 26. Gofin J, Kark JD, Abramson JH, and Epstein L. Trends in blood pressure levels over time in middle-aged and elderly in Jerusalem residents. *European Heart Journal* 16:1988-1994, 1995.
 27. Gofin J, Abramson JH, Kark JD and Epstein L. The prevalence of obesity and its change over time in middle-aged and elderly men and women in Jerusalem. *Int J Obesity*, 20:260-266, 1996.

28. Kark JD, Selhub J, Adler B, Gofin J, Abramson JH, Friedman G, and Rosenberg IH. Non-fasting plasma total homocysteine and mortality in middle-aged and elderly men and women in Jerusalem. *Annals of Internal Medicine*, 131:321-330,1999.
29. Gofin J. The Community Oriented Primary Care (COPC) approach and Towards Unity for Health: unity of action and purpose. WHO Newsletter Towards Unity for Health (TUFH), 1:9-11, April 2000.
30. Peray JL, Foz G, Gofin J. COPC in Spain. COPaCetic (a COPC Newsletter- Robert Johnson Foundation) Spring 2001. 7:4-7
31. Gofin J. Planning the teaching of Community Health (COPC) in an MPH program. *Public Health Reviews* 2002;30:293-301.
32. Epstein L, Gofin J, Gofin R, Neumark Y. The COPC Jerusalem Experience: Three Decades of Service, Research and Training in Community-Oriented Primary Care. *Am J Public Health* 92:1717-1721,2002.
33. Burazeri G, Gofin J, Kark JD. Over 8 hours of Sleep - Marker of Increased Mortality in Mediterranean Population: Follow-up Population Study. *Croatian Med J.* 44:193-198, 2003.
34. Burazeri G, Gofin J, Kark JD. Siesta and mortality in a mediterranean population: a community study in Jerusalem. *Sleep.* 26:578-584,2003.
35. Gofin J and Gofin R. The relevance of Community Oriented Primary Oriented Care (COPC) – A comment on the Editorial of *Annals of Family Medicine* (an invited comment) [eletter]. <http://www.annfammed.org/cgi/eletters/2/100#831>, 7 June 2004.
36. Collins C, Burazeri G, Gofin J, Kark JD. Health Status and Mortality in Holocaust Survivors living in Jerusalem 40 to 50 years later. *J Trauma Stress.* 17:403-11, 2004.
37. Gofin J. Gofin R. Community Oriented Primary Care (COPC): features of practice and training. *Turkish J Pub Health.* 2:92-98, 2004.
38. Gofin J, Gofin R. Community Oriented Primary Care (COPC) and Primary Health Care. *Amer J Public Health*, 2005 May;95 (5):757.

Other Publications

- a) Gofin J. Smoking and work in pregnant women – Kiryat Hayovel, 1970-1972 MPH Thesis, Jerusalem 1974.
- b) Palti H. and Gofin J. Dictionary of terms used in Public Health and Community Medicine , English-Hebrew, 56 pages, Akademon, The Hebrew University Press, Jerusalem 1979.
- c) Member of the Team who developed and published “Community Oriented Primary Care (COPC) – A resource for developers”, published by the King’s Fund College in London, 1994.
- d) Gofin J. "Integrating Medicine and Public Health", a Position Paper of the Task Force of the Network: TUFH (Towards Unity for Health), a WHO related NGO. At www.the-network.org/position/index.htm, (23 August 2004)

- e) Gofin J. "Primary Care needs a Community Orientation", in "bridges" a Israeli-Palestinian Public Health Magazine, from the WHO Office for West Bank and Gaza, April-May 2004, Vol.1 (3), 34-35.
- f) Gofin J. Integrating Medicine and Public Health, for the Task Force on "Integrating Medicine and Public Health". The Network Towards Unity For Health Newsletter, June 2005; 24(1):6-13

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